

# B.A.T. EXERCISE

## STEP 1: Stop when DOG is at a safe distance, sub-threshold



## STEP 2: Wait for a peaceful or good choice and mark it.

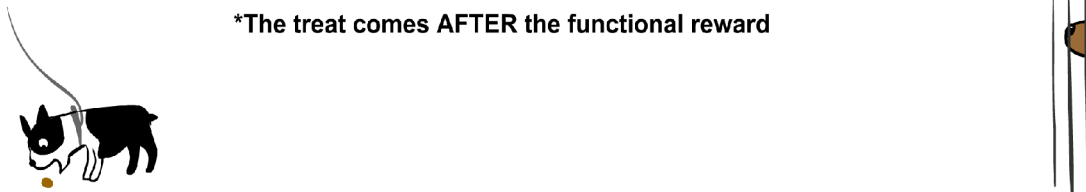


## Step 3: Functional Reward = DISTANCE



## Step 4: Optional/Bonus Reward = TREAT!

\*The treat comes AFTER the functional reward



**RINSE, REPEAT...or Leave in opposite direction.**

The MORE OFTEN that our dog is rewarded for NON-AGGRESSIVE behavior, he will learn that he doesn't need to react aggressively when something stresses him out. Ideally, we want him to respond with natural doggie calming signals, even when there is no human and leash around.

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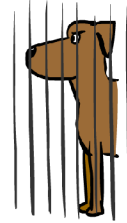
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**If DOG is over-threshold,**

accelerated breathing  
up on toes  
tail up  
any change for the worse...



(PERHAPS NOT  
SO SAFE A DISTANCE)



**ABORT** the exercise by calling his name, making a sound,  
or saying something to get his attention.

EXAMPLES:

BOOGIE!

LET'S GO!

"KISS, KISS"  
sound



AND/OR



TURN AND GO.  
(AVOID DRAGGING DOG AWAY,  
IF POSSIBLE)

\* No bonus treat!

## RETURN TO STEP 1

DOG on loose-leash



(MORE DISTANCE)

